

BSRA Saturday Junior Squash Program 2007

The Saturday Squash Program is for children aged 7-14 yrs. It is divided into four skills graded sessions.

- 12-1pm Red level - Beginners
- 1-2pm Bronze level - Beginners
- 3-4pm Silver level - Intermediate
- 4-5pm Gold level - Advanced

Sessions will include individual & team matches, group training, rules, BIAS Skills awards, competitions and of course, lots of fun.

Application Form

Child's Name _____

Date of Birth _____

Mailing Address _____

_____ Postcode _____

Emergency Contact:

Name _____

Telephone _____

H) _____ W) _____

Fax) _____ E-mail) _____

Declaration Waiver

I hereby waive and release any and all rights and claims for damages, howsoever caused, which I or the applicant may have against the BSRA, The Camp Director and the staff. I confirm the applicant to be of sound mental and physical health, capable of participating in the Camp. In the event of injury or sickness, the Director and his staff have permission to arrange for medical care.

Signed _____

Parent or Guardian

BSRA Youth Club Program 2007

The Youth Club Program is open to girls and boys and aims to provide them with more court time to practice the skills and techniques learned in the Saturday sessions. The program offers 4 different sessions.

Tuesdays:

- 4 - 5pm Boys aged 7-11 years
- 5 - 6pm Girls aged 7-11 years

Thursdays:

- 4 - 5pm Boys aged 11-16 years
- 5 - 6pm Girls aged 11-16 years

BSRA Junior Grand Prix 2007

The BSRA runs a series of tournament on Sundays throughout the year. The tournaments are free to enter and held for two different skill levels relating to the BIAS skills testing in the Saturday squash program.

- 12 - 2pm Red, Blue & Green levels
- 3 - 5pm Bronze, Silver & Gold levels

Upcoming tournaments are:

- Saturday 22nd September
- Saturday 20th October

Points will be awarded at the end of each tournament. These points will be collated after the last event in December and prizes awarded at the BSRA Junior Christmas party.

Sign up sheets will be at the club prior to each event.



Junior Squash Program Sept-Dec 2007

www.bermudasquash.com
BSRA Squash Club
Middle Road
Devonshire

Tel: (441) 292 - 6881

Fax: (441) 295 - 8718

E-mail: patrickf@bermudasquash.com



Aims of the program

The aims of the BSRA Junior Program are as follows:

- Introduce young people to the sport of squash;
- Create a fun atmosphere in which young people will develop their skills, technique, tactical abilities and healthy sporting attitudes;
- Provide opportunities for them to compete as individuals and team members in junior leagues and tournaments;
- Encourage them to play in senior leagues and tournaments;
- Provide opportunities for them to compete in international competition;
- Encourage them to fulfill their sporting potential, in a drug-free environment.
- Use the BSRA Junior Program as a springboard for senior competition in World Class events, i.e. Commonwealth Games and World Championships.

BSRA Saturday & Youth Club
Program 2007

Term Starts:

Saturday 15th September

Term Ends:

Sunday 16th December

Program Breaks:

29 Sept-6th Oct

Due to the Shell Handicap

27 Oct-3rd Nov

Due to the AF Smith Champs

21 Nov-2nd Dec

Due to the Endurance

World Squash Champs, Bermuda

The junior program is subject to change at any time. All members will be informed of any changes via email as soon as possible.



Bermuda National Teams 2006



Bermuda Squash Racquets Assoc

Price list

Please Tick

BSRA Junior Membership: \$78.00

BSRA Saturday Program: \$100.00

(Includes Saturday Program & Youth Club)

Protective Eyewear (Compulsory): \$20.00

Total Enclosed - \$

Cheques should be made payable to 'BSRA'

Full Payment must be made

at the start of term



**BSRA National Squad
Program 2007**

The BSRA National Squad Program is the pinnacle of junior squash in Bermuda. The top 4 ranked juniors in each age group are selected to train with Bermuda National Team Coach, Denise Sommers on a weekly basis. These squads focus on match play, tactics, physical & mental conditioning all in preparation for competing for National representative teams in international competition. For more information on the BSRA National Squad Program contact Denise Sommers on 292-6881 or email dsommers@bermudasquash.com

Phone: (441) 292-6881

Fax: (441) 295-8718

Email: patrickf@bermudasquash.com

