

National Squash Grading

What is your playing level?

Bda grading - J

Beginner, can rally at slow pace with player of equal ability, has trouble hitting consistently while on the run, avoids backhands, cannot get ball out of corners, cannot volley with any consistency, can serve, knows the basic rules, does not understand let point rule.

Bda grading - H

Advanced beginner, can rally at faster pace, struggles to get ball out of back corners, hits mostly crosscourt shots.

Bda grading - G

Can consistently hit the ball in play when not under pressure, can hit the ball hard when set up, starting to get balls out of the corners, can move forward for a medium drop, starting to use the four corners of the court, can make contact on the volley, has moderate physical fitness.

Bda grading - F

Starting to use the lob, over hits when under pressure, has the ability to reach behind themselves and get the ball back into play, understands the drop shot and boast but cannot execute consistently, starting to volley for power and direction, can now return serve to behind service line with consistency but struggles to return a good lob serve, should understand the let point rule.

Bda grading - E

Understands the general principles of depth, uses all four corners of the court as part of shot selection, has a fair volley and can execute a boast and a drop shot but not consistently when under pressure, has good physical fitness, forehand and backhand are hit with varying speeds in varying directions.

Bda grading - D

Dependable player, hits with depth and control on most shots, still rushes shots when under pressure, has power to drive the ball past an opponent on the T, can volley an easy ball in order to avoid getting stuck in the corners. Uses lobs, boasts and drops, 50% of which are played well.

Bda grading - C

Very dependable on both forehand and backhand, can return serve with good depth both down the sidewalls and cross court, volleys easy balls for depth and to the drop, understands how to hit to the nick on balls out in the middle, starting to learn to hold the shot on a ball in the middle, can retrieve consistently out of the back corners, can consistently cover all four corners from the T.

Bda grading - B

Can consistently hit the ground strokes for power, length, and touch, very physically fit with the ability to play hard tournament matches, attempts to place every shot, can lob effectively from both the front court and the back court, can drop shot off the volley, understands and can generally execute the premise that winning a point requires moving the opponent out of position before going for a winner.

Bda grading - A

Has mastered all aspects of the game, can hold shot to take advantage of a player who guesses. Drives ball powerfully enough to get it past a good volleyer, serves rarely put this player into an immediate defensive position, hits to the nick and can finish rally with high degree of consistency.

Please contact Patrick Foster should you need guidance with your playing level.

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Charity Squash Tournament

"It's time to play!"



Enter the raffle to **Win** the all new
Yamaha ybr 125 courtesy of
World Distributors Ltd.

All proceeds benefit the BDA Diabetes
Association.

MAY 16 - 18, 2008

Entries Close Sunday May 10, 2008

The World Distributors Bermuda Tire Co. Ltd Charity Tournament 2008

Friday May 16 through Sunday May 18

**Players will be required to be available for
matches throughout the weekend**

Open to all players of all standards and age groups.
Separate men's and ladies events (4 men's and 3 ladies grades)

**The Draw will be a Triple plate event
guaranteeing at least 3 matches.**

Matches will be the best of five games.
World singles game rules apply.

Players will be placed into a draw most appropriate to their playing standard.

Entry Fee

\$30.00 per person, \$15 for juniors
Fee includes 3 matches, Buffet Dinner and T-Shirt*
(cheques to BSRA)

Closing Date

Sunday May 10, 2008

**To enter please complete the entry form aside and return
to:**

Patrick Foster (BSRA)
P.O. Box HM176, Hamilton HMAX, Bermuda.

Tel: 292-6881 Fax: 295-8718

E-mail: Patrickf@bermudasquash.com

***First 100
entries will
receive a T-Shirt**

The World Distributors Bermuda Tire Co. Ltd Charity Tournament 2008

Entry Form (Please print)

Name _____

Email Address _____

Telephone _____ (H) _____ (W)

Event (please circle) Men's 1 2 3 4
 Ladies 1 2 3

What is your standard of play?

A , B, C, D, E, F, G, H, J (please circle)

If you're not sure of your level, please give details of recent close
(e.g. 3/2 or 3/1) match results:

MasterCard/VISA # _____

Exp _____ Signature _____

Office use only. Entry fee paid \$ _____ Initial _____ Date _____

The World Distributors Ltd. Charity Squash Tournament Raffle

To help raise funds for the BDA Diabetes
Association we will be running a raffle in
conjunction with the tournament. All juniors
participating in the tournament will be selling
tickets with a **grand prize** going to the child



All Proceeds to benefit
the Bermuda Diabetes
Association